

# MAN O'WAR GFC COMMUNITY NEWSLETTER



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## Player Spotlight

We are incredibly proud to congratulate our U14 Ladies player **Lucy Prout** on being part of the U14 LGFA Football Panel for 2026. It's extra special as Deirdre Farry is also a part of the Management team also. **MOW ABÚ!**

## UPCOMING EVENTS

### \* Fun Run - Easter Monday

April 6<sup>th</sup>

Hop to It! – Juvenile Run & Fun. 4:00 PM – don't be late!...Balloon Popping Raffle  
Just €2 per ticket.

### \* Couch to 5k

April 6<sup>th</sup>

Join our 8 week beginner running programme. Start your journey with a supportive group.

### \* MOW-Rox

April 18<sup>th</sup> 2026

Man O'War GFC us running a modified Hyrox Fundraiser in April. Check out our website for details.

## Happy Easter Beannachtaí na Cásca oraibh go léir Message from the Chairperson

Hi everyone.

Wishing all our club members, players, coaches, supporters and sponsors a very happy Easter.

2026 marks a really special milestone for Man O'War GFC as we celebrate our 80th anniversary – a momentous occasion for both our club and our wider community.

Our history has been shaped by so many great moments of growth, community spirit and achievement, and we're really looking forward to celebrating these over the coming months. There's plenty to look forward to, so please keep an eye out for updates on all the events and activities planned throughout the year.

It's also great to finally see a bit of spring in the air and an end to what has been a very challenging spell of weather. It's been a tough start to the year for everyone, but the longer days and better conditions ahead give us all something to look forward to both on and off the pitch.

We're a friendly and open community, and always delighted to welcome new members – whether you're a player, coach, volunteer or supporter. If you're new to the area, please feel free to pop down and say hello. There's a place for everyone in our club, and we'd be delighted to have you involved in any capacity.

Our latest newsletter is packed with some excellent updates and snippets of information from across the club, so I'd encourage everyone to take a few minutes to have a read and stay connected with all that's happening.

Finally, a sincere thank you to all our volunteers, players, coaches and supporters for everything you do to make Man O'War GFC such a special place. Your time, effort and commitment are what keep the club thriving.

Wishing you all a very happy and enjoyable Easter.

Sean Owens,  
Chairperson  
Man O'War GFC



Teams

## St Patricks Day Celebrations

Well done to everyone to took part in the St Patrick's Day parade today. Thanks to everyone who volunteered back at the clubhouse for refreshments afterwards. Beannachtaí na Féile Pádraig oraibh!



### Play our club Lotto online



**2026 Winners:**  
**Shane Healy - €600**  
**Kevin O'Neill - €600**  
**Elaine Fottrell - €1,200**

### Pics this year so far....



Well done to the U14 lads who took part in the Dublin Academy Blitz in Feb. The boys represented the club brilliantly!



U12 Boys in action against Na Fianna at home.



Our U15 Boys Féile team.



Minor Mens Team tooging out againts Naomg Barrog in the league.



## Daffodil Day - March 20th.

On Friday March 20<sup>th</sup> we hosted the annual Irish Cancer Society Daffodil Day Coffee Morning. A great crowd was in attendance and they were treated to some wonder baking and hospitality. Thanks to everyone who volunteered and organised the event. Much needed funds were raised on the day which will contribute to this amazing charity.

**Massive congratulations to Shane Moore who was the winner of our Last Man Standing competition and collected the Prize of €500! Well done Shane !**



## Get Involved!

Want to help make this year one to remember? We'd be delighted to have you on board. Get in touch via email or reach out on our social media pages.



Teams

# Féile 2026 Fundraising

This year our Boys & Girls U15 Teams have been raising funds together through Spinathons' at Millfield & Spar Balrothery.

Feile Dates for your Diary:  
**Boys - Sunday April 12th**  
**Girls - Saturday April 11th**



## Fun Run Info

*Juvenile Fun Run taking place on Easter Monday, start time 4pm. Followed by a balloon popping raffle.*

## Through the Lens.....Pics this year



Our u14 girls lining out against a strong St Finians Newcastle in Single Code Competition in March.



Ladies 2<sup>nd</sup> Team had a home win against Whitehall Colmcilles.



Minor Ladies team had a great start to their season with a home league win against St Finians Newcastle.



Our U15 Players and Mgt after a great home win (in Gormonston) over St Sylvesters.

Community



## Community Mornings

We're delighted to invite you to our Community Tea & Coffee Morning, held **every Friday from 10am to midday at the Clubhouse**. Whether you're a longtime resident, a new face in the area, or just passing through, you'll receive a warm welcome from our friendly volunteers.

Apart from exercising and catching up on local news, the group sometimes invites guest speakers or demonstrators. Over time, these talks have covered topics like crime prevention and home security. Other subjects include services at Balbriggan Primary Care Centre, the history of Man O'War, and Fingal CoCo's useful services. They have also discussed Intreo (Social Welfare) services and even held Christmas wreath-making sessions.



## The GOAL Mile



Thanks to everyone who took part in the GOAL Mile on St Stephens Day.



Couch to 5k Information. Starts Easter Monday - run off those eggs!

## Through the Lens.. Pics this year



Our U10 Boys against Oliver Plunketts in March.



Our U8 Boys in action at home against O'Dwyers in March



Our Senior Ladies being presented with new jerseys sponsored by the Man O'War Pub.



Our U12 Girls in action against Scoil Ui Chonail this year.

### Community

## Healthy Clubs Update



In October 2025, Man O War GFC was rewarded for maintaining Healthy Club status as part of the Irish Life GAA Healthy Clubs Programme. The club was recognised for its commitment to promoting health and wellbeing beyond the playing field, with a strong emphasis on community-focused initiatives.

Man O War GFC has actively supported physical, mental, and social health, delivering inclusive initiatives and health education designed to meet the needs of both club members and the wider community. Through these efforts, the club continues to play a vital role in fostering a healthier, more connected community for all.

We are extremely proud to maintain our Healthy Clubs status, and over the next 18 months we look forward to working towards achieving a Silver Healthy Club Award. We are deeply grateful for the continued support of our club members and the wider community. With this immense level of commitment and encouragement, we are confident that Man O War GFC will successfully achieve Silver status.



## Club Planning Workshop

On March 27<sup>th</sup> we held a Planning Workshop. The workshop took place in our Club Hall and was ran by our strategic review committee. A sincere thank you to our facilitators and discussion leads who guided and drove the workshop. This will form the basis of our future plans.

The session was broken into five focus areas:

1. **Coaching & Games**
2. **Club Management**
3. **Finance & Fundraising**
4. **Club Development and Facilities**
5. **Culture, Community, PR and Health and Wellbeing**



## Club Clean Up Day

Thanks to everyone who helped out on our club cleanup day in February. It was a great community effort.



## Club Coaches – Resources



**Download your Coaches Handbook and access the coaches corner on our website.**



## Meet Gearoid



Welcome Gearoid Kenny as the Chairperson of our Juvenile Committee. Wishing you the very best Gearoid.

## Na Laochra

As part of the club's ethos of inclusion, we now have a team/group for kids with additional needs.

The group will be known as 'Na Laochra', which means 'The Warriors/Heroes'.

It will take place on Friday's and will run from 6-7pm in the club hall during primary school term time.

Also, if you know of any family or child you feel might benefit or may be interested in coming along, please spread the word, as we would love to have them.



Senior Awards

## Senior Awards 2026

On Feb 27<sup>th</sup> we hosted our Senior Awards Night in the Bracken Court Hotel. A great evening was had and lots of awards given out on the night.

Full List:

### Men's 1st Team

Player of the Year & Johnny Jones Peperual Trophy winner - Rob Lynch

Young Player of the Year - Charlie Dolan

### Men's 2nd Team

Player of the Year - Paul O'Hara

Young Player of the Year - Shaun Bolger

### Ladies 1st Team

Player of the Year - Ciara Hartford

Young Player of the Year - Keelin O'Callaghan

### Ladies 2nd Team

Player of the Year - Ciara McKeown

### Minor Men

Player of the Year - Daniel Moore

Players player of the year - Shaun Bolger

### Minor Ladies

Player of the Year - Anna Livesey

### GAA 4 MAS

Player of the Year - Trish Byrne



## Photos from the evening



## Easter Camps 2026

Well done to Ciara Marry and all of her coaches and volunteers who hosted three amazing days of Easter Camp and Advanced Camp for 13-17 year olds.



1946 - 2026

## 80th Anniversary

In 1946, a group of passionate Gaels came together in our community to form Man O'War GFC – Cumann Peile Long Cogaidh. What began as a small, dedicated band of players and volunteers has grown into a proud and thriving GAA club at the heart of our parish. As we mark 80 years of our club in 2026, we celebrate not just the football, but the friendships, the families, the volunteerism, and the unbreakable community spirit that have carried us from generation to generation. From our earliest days on borrowed pitches to the club we know and love today, Man O'War GFC stands as a testament to what can be achieved when a community pulls together.

This milestone belongs to every player, mentor, coach, officer, volunteer, supporter, and family who has worn the blue and gold, stood on the sideline, or given their time to our club across eight remarkable decades.

## Events (more to come!)



A **gathering of past players** from the 60's, 70's and 80's was held in February.



We Celebrated 80 Years at the **St Patricks Day** Parade in Balbriggan.



In July we will celebrate with a **Summer Hooley**. Keep an eye out for date and venue details.



**Anniversary Mass & A Night to Remember.** This will take place in November



## 'Down MOW Memory Lane' – Interview Series

Throughout our anniversary year, we will be sitting down with some of the people who have shaped our club over the decades. These special 'Down MOW Memory Lane' interviews will capture the stories, memories, and moments that have made Man O'War GFC what it is today. Follow along on our social media as each instalment is released – and look forward to the full series being presented at our Night to Remember in November

**Memories, stories or to share?**  
[manowargfc80years@gmail.com](mailto:manowargfc80years@gmail.com)



[WWW.MANOWARGFC.IE](http://WWW.MANOWARGFC.IE)



## Games Promotion & Nursery



*Hi there!*

Ciara here, I promote GAA in Man O'War. Part of my role is visit the local schools and promote Gaelic Football. I also run various Camps throughout the year.

*Join*  
**MAN O'WAR**

As well as me attending the school you can also join one of our many teams.

Contact Ciara:  
+353 85 224 0589  
or visit  
[manowargfc.ie](http://manowargfc.ie)

**GET STARTED**

**Fun  
Skills  
Friendship**

Nursery takes place weekly on Tuesday's from 6-7pm.  
Ages :  
4-6 Years.  
Must be school going age.

*Join our*  
**TEAMS**  
**NURSERY**  
**BOYS U8-U13**  
**GIRLS U8-U13**



# Man O'War GFC

Tá fáilte roimh gach éinne



**NEW TO THE  
AREA?**

**JOIN US!**

**New to the Balrothery, Balbriggan,  
Balscadden, Skerries & Lusk Areas?  
We want to Welcome you!**

**We provide:**

- A thriving juvenile section which caters for all age groups of boys and girls from Nursery to U18s.
- A club GPO and qualified coaches at all age levels who will encourage and coach your children in a team environment.
- Two Adult Mens and Ladies Teams
- Gaelic For Mothers & Others Team.
- Two playing pitches.
- Brand New Walkway around our two pitches
- A modern fully equipt Gym.
- A safe and fun environment,
- Lots more!



## Contact Details

email [secretary.manowar.dublin@gaa.ie](mailto:secretary.manowar.dublin@gaa.ie) or  
check out [www.manowargfc.ie](http://www.manowargfc.ie)

Follow us on  
Social Media





# Man O'War GFC

## 2026 - Juvenile Teams & Contacts

Follow us on  
Social Media



We field teams at the following age groups.  
Contact the relevant mentor for details of training  
and matches.

<b>Mixed</b>			
<b>TEAM</b>	<b>YEAR OF BIRTH</b>	<b>MENTOR</b>	<b>NUMBER</b>
Nursery: 4-6 yrs	2020, 2021 & 2022	Ciara	0852240589
Na Laochra	N/A 	Caroline	087 799 5865
<b>Girls</b>			
Under 8's	2019 & 2018	Fionnuala	086 4048010
Under 11's	2017, 2016 & 2015	Rory	087 6240790
Under 12's	2014	Elaine	086 101 2248
Under 14's	2013 & 2012	Paul	086 1648783
Under 15's	2011	Bill	085 7599970
Under 18's	2010/2009 & 2008	Catherine	086 8115669
<b>Boys</b>			
Under 8's	2019 & 2018	Olive	086 301 2862
Under 10's	2017 & 2016	John	086 341 5536
Under 12's	2015 & 2014	Ken	086 8470790
Under 13's	2013	Lisa	086 1980558
Under 15's	2012 & 2011	Rob	087 8060936
Under 18's	2010/2009 & 2008	Malachy	086 1003121